





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1 	2 Office Closed/Market Open Seamstress	3 9:00 Alpine Bank 9:30 Balance & Flexibility 10:30 Newscurrents 1:00 BINGO! 2:15 HotCocoa & Brain Teasers	4 9:30 Strength & Stretch 10:00 Blood Pressure Checks 10:15 Shepherd of the Valley "The Life of Jesus" 3:00 Pokeno	5 8:30 Woodman's 9:30 Balance & Flexibility 12:30 Bowling League Round 22 	6 9-11 Ceramic Class 9:30 Low-Impact Aerobics 11:30 Wii 1:00 Logli/Target/Alti 3:00 BINGO!	7 12:00 Creative Cards 1:30 Bingo with Nancy	
8 2:00 Game Gathering 5:00 E.I.O.O Maciano's	9 9:30 Weight Training 10:30 Golf with Lloyd 1:15 Birthday Party with Rudy Ollero 3:30 Chapel 	10 9:00 Alpine Bank 9:30 Balance & Flexibility 10:30 Newscurrents 11:30 Lunch Bunch to Michael's 1:00 BINGO! 2:15 HotCocoa & Brain Teasers	11 9:30 Strength & Stretch 10:00 Blood Pressure Checks 10:15 Shepherd of the Valley "The Life of Jesus" 1:00 Book Binders 3:00 Pokeno	12 8:00 Men's Breakfast at Alpine View 8:30 Wal-Mart 9:30 Balance & Flexibility 10:00 Activity Panel 12:30 Bowling League Round 22	13 9-11 Ceramic Class 9:30 Low-Impact Aerobics 11:30 Wii 1:00 Logli/Target/Alti 3:00 BINGO! 	14 8:00 Spirits & Spies Weekend Getaway (Overnight Adventure) 1:00 Meadows Matinee "Bounce" 6:00 R.S.O. Classics	
15 2:00 Game Gathering 	16 Office Closed/Market Open 8:00 Pedicures 3:30 Chapel Seamstress	17 9:00 Alpine Bank 9:30 Balance & Flexibility 10:30 Newscurrents 1:00 BINGO! 2:15 HotCocoa & Brain Teasers	18 9:30 Strength & Stretch 10:00 Blood Pressure Checks 10:15 Shepherd of the Valley "The Life of Jesus" 1:00 Crafty Crafters 3:00 Pokeno 2:30 Nicholas Conservatory	19 8:30 Highlander 9:30 Resident Council and Coffee Social 12:30 Bowling League Round 22	20 9-11 Ceramic Class 9:30 Low-Impact Aerobics 11:30 Wii 1:00 Logli/Target/Alti 3:00 BINGO!	21 1:00 Meadows Matinee "Anne of Green Gables" 	
22 2:00 Game Gathering 2:15 R.C.C.A	23 8:00 Pedicures 9:30 Weight Training 10:30 Health Speaker 12:30 Racehorse 3:30 Chapel	24 9:00 Alpine Bank 9:30 Balance & Flexibility 10:30 Newscurrents 1:00 BINGO! 2:15 HotCocoa & Brain Teasers	25 9:30 Strength & Stretch 10:00 Blood Pressure Checks 10:15 Shepherd of the Valley "The Life of Jesus" 3:00 Pokeno 6:00 Travelogue Video "Lawrence Welk"	26 8:30 Woodman's 9:30 Balance & Flexibility 12:30 Bowling League Round 22	27 9-11 Ceramic Class 9:30 Low-Impact Aerobics 11:30 Wii 1:00 Logli/Target/Alti 3:00 BINGO!	28 1:00 Meadows Matinee "State Fair"	
29 2:00 Game Gathering 4:30 Dinner at Ruby Tuesday	30 9:30 Weight Training 12:30 Cooking Club 3:30 Chapel Seamstress 	31 9:00 Alpine Bank 9:00 Service Project 9:30 Balance & Flexibility 10:30 Newscurrents 1:00 BINGO! 2:15 HotCocoa & Brain Teasers	 <h1>January 2012</h1>				RED - OUTINGS GREEN - IN-HOUSE SPECIAL EVENTS OR SPEAKERS BLUE - WELLNESS PROGRAM



Coming Attractions at the Meadows Matinee Saturdays at 1:00 pm

Bounce January 14, 2012 2000 PG -13 106 minutes

Adventure Buddy switches airplane tickets with a stranger who then tragically dies when his plane crashes. Greatly troubled, Buddy looks up the man's widow, Abby, unexpectedly falls in love with her and rediscovers his hope in the process.

Anne of Green Gables January 21, 2012 1985 NR 194 minutes

Director Kevin Sullivan brings L.M. Montgomery's classic children's novel to life. Megan Follows stars as Anne Shirley, the talkative, red-headed orphan sent by mistake to live with a spinster (Colleen Dewhurst) and her brother (Richard Farnsworth) on scenic Prince Edward Island, Canada. But Anne's warm-hearted enthusiasm and irrepressible imagination gradually win them over. Jonathan Crombie co-stars as Gilbert Blythe.

State Fair January 28, 2012 1945 NR 100 minutes

When a small-town family of four heads to the Iowa State Fair with their prized pig, they bring home more than just a few blue ribbons. Against a backdrop of colorful characters and musical numbers, Margy (Jeanne Crain) and her brother, Wayne (Dick Haymes), each find sweethearts for the first time. Hit-writing duo Rodgers and Hammerstein provide a captivating score that includes the Oscar-winning "It Might as Well Be Spring."

Peterson Meadows

Lifestyles



6401 Newburg Road * Rockford, IL 61108 * (815) 229-0390



Extra, Extra, Read All About It!

Newscurrents: The World's Best Current Events Program

Newscurrents is a full-service current events discussion program that will get everyone involved.

Newscurrents works with a wide-range of students. Written on three learning levels, it can be used for all ages from children to adults. It is also used in special education and gifted and talented programs; in ELL programs and in advanced civics classes.

Here's how it works: each week we receive a new issue on DVD with images corresponding to 5 or 6 stories in that week's news. We also receive a printed teacher's guide. The teacher's guide contains everything we need, along with the visuals, to lead a great current events discussion.

Newscurrents connects current events to history, economics, civics, the arts, science, and more.

Our discussion group meets every Tuesday in the MPR at 10:30 am



Are you full of knowledge and want to share it?

Then this is the group for you!

Lead Staff Directory

Vicky Beard - Administrator
Brian O'Kelley - Marketing
Stacy Hirsch - Lifestyle Co.
Art Brien - Building Service
Christine Bailey - Food Ser.
Sandra Stangland - Reception
Teresa Voll - Social Service
Marilyn Elliott - Senior Service
Network Executive Director

Meadow Mart

Mon. - Fri. 7:30-1:00
Saturday 8:00 -1:00

InTouch

Services of LSSI
(815) 387-9170
In-house see Kathryn Yeske

Bella Vita Salon

Tuesday-Saturday
by Appointment
(815) 229-0390